

# EUROPEAN MSc IN HEALTH AND PHYSICAL ACTIVITY (LM67-Int)

2022-2024 Cycle

INFORMATION DAY 30  
JUNE 2022 – 12.00

JOIN US VIRTUALLY AT

<https://us02web.zoom.us/j/6082844156?pwd=ZUlsS-UxEaW8yLzlwNTZEOHhabFE1dz09>

Meeting ID: 608 284 4156

Passcode: 12345

## LAUREA MAGISTRALE INTERNAZIONALE IN ATTIVITA' FISICA E SALUTE

(EUROPEAN MASTER OF SCIENCE IN HEALTH AND PHYSICAL ACTIVITY)  
Classe LM 67

A 2-year International 2nd-level degree (120 ECTS)  
offered jointly by

The University of Rome "Foro Italico" (coordinating institution)  
The University of Vienna  
The University of Southern Denmark, Odense  
The Norwegian School of Sport Sciences, Oslo  
The German Sport University, Cologne

An integrated program of study designed in a European perspective involving Faculty and students from five partner Universities and other countries, aimed at upgrading the graduate in sport and movement sciences or allied disciplines, with the complexities of the social demands increasingly expressed in the area of physical activity in health, fitness and wellness, re-education and rehabilitation.

### First year - 60 ECTS

FOUR TEACHING MODULES IN ROME (3 intensive weeks each)

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|--|---------|
| 1. Biomedical Issues in Health and Exercise  | 15 ECTS |
| 2. Changing behaviour towards a lifelong active lifestyle: from childhood to adulthood | 15 ECTS |
| 3. Movement Therapy and Physical Activity for the Elderly and Special Populations      | 15 ECTS |
| 4. Research Methodology  | 15 ECTS |

### Second year - 60 ECTS

TWO SPECIALISATION TERMS AMONG (15 ECTS, 3 weeks of intensive teaching & internship each) 30 ECTS

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|------------|--|
| • Vienna:  | Physical activity and disease prevention in adults       |
| • Odense:  | Physical activity and disease prevention in children     |
| • Odense:  | Physical activity and disease prevention in the elderly  |
| • Cologne: | Movement therapy for special populations                 |
| • Rome:    | Movement therapy in orthopaedic rehabilitation           |
| • Oslo     | Psycho-pedagogic aspects of preventive physical activity |

THESIS

30 ECTS

Application deadline: 19 July 2022 at 13:00 (CEST)

  
ACADEMIC YEAR  
2022-2023

